

CLDE

Coached Leadership Development Exchange



- ❖ A signature program by Cheryl Alexander & Associates (CAA) which combines peer mentoring, executive coaching and professional development, grounded in positive psychology, character-based leadership, and emotional intelligence.
 - ❖ Linking career and life vision to realize professional and personal goals with tools enabling you to thrive in the midst of dynamic change.
 - ❖ Sustained authentic dialog about relevant topics and effective behaviors.
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- ❖ Focus on critical career competencies and core leadership behaviors. Each month new insights are embedded in action, commitment and support.
 - ❖ Tackle current business, leadership and life issues with new insight, skills, resilience and perspective.

The research from multiple global studies is clear. Extraordinary leaders drive results through strong relationships. They connect first – with open hearts and minds exhibiting trust and respect for others. They know that the combined intelligence of a fully engaged group of people is greater than the smartest individual in the room.

You are embarking on a unique experience – the opportunity over the next six months to explore and expand your self-awareness, broaden your perspective and gain new tools for success and fulfillment.

Each of you will join with different strengths and your own opportunities for growth. Use this experience fully. Commit to deep listening and sharing. Try on new behaviors and daily practices and you will reach to new heights.

Program Features

- ❖ Customized 6-month programming developed by CAA. Series chosen by sponsoring organization.
- ❖ Peer mentoring circles led by CAA coaches. 1400 graduates since 2003.
- ❖ Internal and external executive “power mentors” share insights across departments & locations.
- ❖ Individual knowledge and experience transformed into collective wisdom & courageous actions.

Program Goals

- ❖ Grow self awareness & appreciation of strengths & perspectives of others.
- ❖ Develop trust in colleagues cross function.
- ❖ Improve leadership & persuasion skills.
- ❖ Become more proactive & skilled managing your career satisfaction & impact.
- ❖ Improve ability to build relationships, establish trust & drive results.
- ❖ Increase personal resilience.

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Cheryl Alexander & Associates

Leaders Engaging Hearts and Minds